

Mentoring refresher course



Thursday 13 September 2018

Organisers: Dr Nancy Redfern, Newcastle upon Tyne

Programme

- 09:45** Registration / tea & coffee
- 10:15** Welcome and introductions
- 10:20** Research findings – mentoring and wellbeing
Dr Alison Steven, Newcastle upon Tyne
- 11:20** Tea & coffee
- 11:40** Group work – how we use research findings to publicise and develop mentoring
TBC
- 12:30** Plenary discussion
All faculty
- 13:00** Lunch
- 13:40** Developing the mentoring programme
- Learning to facilitate
 - Setting up courses
 - Moving to schemes
- Dr Nancy Redfern, Newcastle upon Tyne
- 14:25** Plenary
All faculty
- 14:40** Reminder of Egan’s model and skills practice in trios
TBC
- 15:30** Tea & coffee during group work
- 16:15** Plenary review
All faculty
- 16:45** Depart

The programme includes material relevant to the following GMC domains:

- Domain 1: Knowledge, skills & performance**
- Domain 2: Safety & quality**
- Domain 3: Communication, partnership & teamwork**
- Domain 4: Maintaining trust**

This programme provides learning in the following RCoA Matrix areas:

- 3J00**
- 3J02**

Learning objectives:

1. To review research findings on the impact of the AAGBI mentoring scheme

2. To consider what the AAGBI scheme and its participants could usefully collect as feedback for individuals and for the wider scheme.
3. To understand some of the influences on trainees' choice of mentor.
4. To explore a tool for reviewing mentor and mentees work life balance.
5. To refresh knowledge and skills in using Egan's Skilled Helper model.